



# WOLF CREEK EDUCATION CENTER FACILITY GUIDE FOR EDUCATORS



2016

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# WELCOME TO THE WOLF CREEK EDUCATION CENTER!

We know that it takes a lot of effort for a teacher to bring his/her class to Redwood National and State Parks' (RNSP) Wolf Creek Education Center (WCEC). This Facility Guide will help you through the process of preparing for a unique learning experience in the parks.

## **RNSPs' Education Goals:**

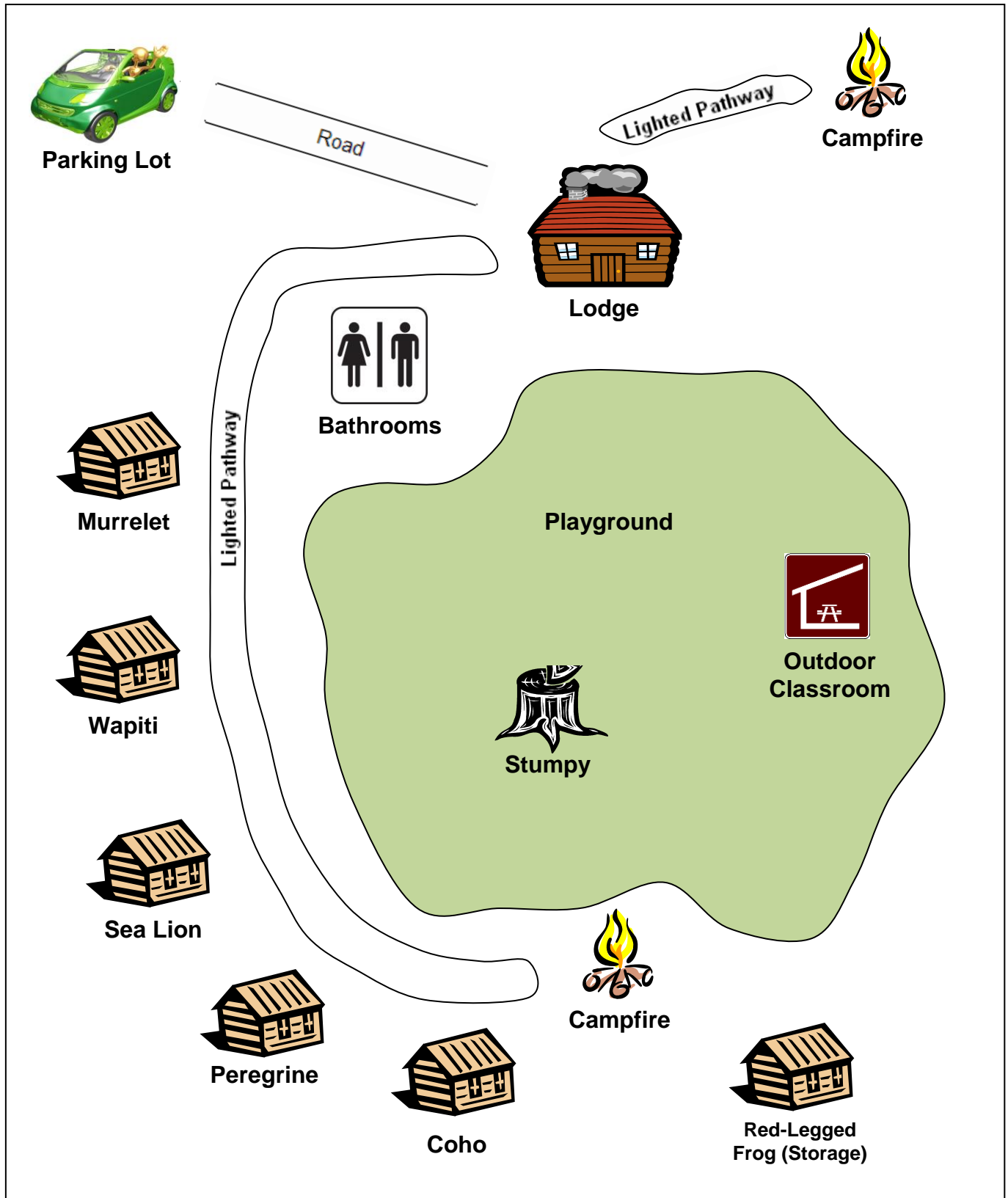
*"To provide curriculum-based educational opportunities for students and teachers in northern California and southern Oregon; to develop intellectual and emotional connections to the natural and cultural resources within the redwood region; to promote an understanding of park stewardship values, resource management practices, and land management issues."*



## **What is the Wolf Creek Program?**

- A 2½-day program designed for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade students
- Rangers lead students on learning adventures through old-growth redwood forests, salmon-bearing streams, and elk-inhabited prairies.
- Students experience redwood ecosystems firsthand.
- Students explore the natural world.
- Program is tied to the California State Education Standards for Science, History, and Visual arts
- Students learn about ecological principles: energy flow, interdependence, water cycle, adaptation, and the scientific method.
- Students sleep in cabins, eat in a dining hall, and spend the evenings around a campfire!

# MAP OF WOLF CREEK FACILITY



# HOW WCEC WORKS:

## ROLES AND RESPONSIBILITIES

**(Park) Education Specialist:** is responsible for all standards-based programming facilitated by Redwood National and State Parks; this includes WCEC. Primary duties of the Education Specialist include: creation and implementation of standards-based programming, supervision and training of staff, and scheduling group use and fees. (707) 465-7702

**(Park) Education Rangers:** present daily field studies and outdoor learning adventures. Each group of students will have one ranger as their instructor throughout their entire WCEC experience. The *Lead Ranger* maintains a healthy and safe facility, coordinates daily activities, provides facility orientations, and instructs in field studies. (707) 488-2061

**(Park) Custodian:** maintains the facilities, making sure they are clean and comfortable. Though groups are expected to clean up after themselves, the custodian provides help and support in this area. The custodian ensures that each group follows safe food handling, waste disposal and recycling procedures, and that each group has properly cleaned up after themselves at the end of their stay.

**(School) Teachers:** organize the logistical aspects of the trip, including: transportation, food, fundraising activities, applying for grants, parent meetings, designating cabin leaders (chaperones) and cook(s), assigning students to cabins and study groups, and filling out all necessary paperwork ahead of time. Before bringing their classes to WCEC, teachers can better prepare their students by completing pre-visit activities (available at: [www.nps.gov/redw](http://www.nps.gov/redw) ).

- The teachers are ultimately responsible for the safety and discipline of the students. Teachers must be on-site and actively involved in the program at all times. After 4:30 P.M., the teachers are solely responsible for the students and the evening activities. Teachers must plan for campfire programs and/or bring in guest speakers. Since WCEC staff members do not stay overnight at the center, it is essential that the teachers are familiar with the emergency procedure of WCEC. Teachers are the only ones at WCEC who can administer medication to students.

**(School) Chaperones/Cabin Leaders:** are considered aides to the rangers and teachers during WCEC programming. They assist in all aspects of WCEC: attend field studies (no more than two chaperones per study group), lead recreation activities, oversee students as they complete cleaning duties, and help with the campfire programs. There must be a ratio of *at least* 1 cabin leader per 10 students during the day and 2 cabin leaders per cabin at night.

**(School) Cooks:** prepare all meals and snacks for your group. They work closely with the custodian to ensure healthy and safe food preparation and storage. Cooking for a large group can be challenging and is no doubt a full time job. Accordingly, do not count the cook as one of your cabin leaders, if possible.



# COSTS

## Wolf Creek Fees:

Educational groups using WCEC pay a modest use fee that helps offset the costs of facility operation. Fees are paid to the Redwood Park Association, a non-profit Cooperating Association. The full fee is due two weeks prior to your visit.

### Ranger-Led Program (4<sup>th</sup>-6<sup>th</sup> grade curriculum-based programming)

- Up to 35 students.....\$300/three-day program
- 36 to 45 students.....\$400/three-day program

### Facility Rental (not a Ranger-Led, curriculum-based program)

- Up to 30 participants.....\$200/day (overnight counts as 2 days)
- 31-60 participants.....\$400/day (overnight counts as 2 days)



### Fee Refund Policy:

If a group cancels more than two weeks prior to their scheduled visit, they are eligible to receive a 100% refund. Groups cancelling within two weeks of a scheduled visit are eligible to receive a 50% refund. All refunds require a written request directed to the Redwood Park Association.

## Transportation:

Groups are responsible for their travel to and from WCEC. This can be a significant expense. Some use personal vehicles, while others apply for grants to help with the cost of school buses.



## Food:

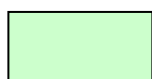
Groups are responsible for purchasing and preparing their own food. Creating tasty but easy-to-cook meals, with as little waste as possible, takes some planning. Please try to consolidate your food into one or two vehicles.

Do not bring more than one water bottle per person. Each bottle should be refillable and labeled with students' names. Please keep in mind your students will be learning the importance of acting as stewards of our Earth, so a little role-modeling goes a long way.

**Please bring non-crumblly snacks for students for the first afternoon and the morning of the second day. Cheese sticks and apples are a good choice for eating on field studies, they don't crumble and provide some protein for hungry students.**

# WOLF CREEK SCHEDULE

Time	Day One	Day Two	Day Three
7:00 A.M.		Rise and Shine! Cooks make breakfast	Rise and Shine! Cooks make breakfast
8:00 A.M.		Breakfast Chores	Breakfast Chores
9:00 A.M.		Field studies	Concluding activities Final inspection
10:30 A.M.			Closing ceremony
11:00 A.M.	Eat lunch enroute to WCEC		Leave WCEC no later than 11:00 A.M.
11:45 A.M.	Vehicle(s) transporting food meet rangers at gate		Programming continues with next school group
12:00 P.M.	Rest of vehicles arrive at gate Meet Lead Ranger	Lunch at the lodge Chores & recreation	
1:30 P.M.	Orientation / Move-in Parent meeting (all adults) Introductory programs (kids)	Field studies	
2:00 P.M.	Field studies	Snack	
4:30 P.M.			
5:00 P.M.	Chores & recreation	Chores & recreation	
6:00 P.M.	Dinner at the lodge Chores	Dinner at the lodge Chores	
7:00 P.M.	Campfire	Campfire or Night Hike	
9:00 P.M.	In bed / story time	In bed / story time	
10:00 P.M.	Lights out!	Lights out!	



= Ranger-led activities



= Teacher-led activities

# ORDER OF EVENTS

## Arrival:

The Lead Ranger will meet you at the entrance gate when you arrive. Please consolidate your food to as few vehicles as possible. If your groups' food is consolidated to a couple of vehicles, those vehicles will be permitted to enter WCEC at 11:45 A.M. (15 minutes early) where rangers will be waiting to assist in the unloading and storage process.



All other vehicles, including the bus, will enter at 12:00 noon. If you are traveling on a bus, the Lead Ranger will meet you and your students at the parking area and formally welcome you to Redwood National and State Parks. The bus will unload in the small parking lot adjacent to the lodge. Once the bus has unloaded and departed, the remaining vehicles can then unload any additional gear.

## Orientation, Move-In and Cabin Leader Meeting:

If you traveled by bus or if you were able to consolidate your gear to a couple of vehicles, the students will unload their gear immediately on arrival (otherwise, parents will need to unload vehicles during student orientation). After the gear has been unloaded, the rangers will distribute journal bags containing a journal and two pencils and conduct a brief orientation to WCEC's rules and expectations.

Students and cabin leaders will then carry their luggage to their cabins. Keep in mind that each person will have to carry his or her own gear, so it's a good idea to pack light. They'll have a few minutes to select a bunk bed and lay out their gear before returning to the lodge.

After cabin check-in, students will return to the lodge for introductory programs, while all adults meet with the Education Specialist or the Lead Ranger for an hour-long parent meeting.



## Field Studies:

After the introductory programs and a short break, the students assemble at the lodge to begin the first of three field studies. The students should be pre-divided into three study groups.



In the old-growth forest field study, students will learn about adaptations and interdependence.

At the stream field study, students will take part in hands-on activities related to water, wetlands, stream health, and salmon.

At the prairie field study, students will explore local area history, nutrient recycling and energy flow. In all the field studies, the lessons are interactive and hands-on. Students will use their journals to record their insights and observations. Over the two and a half days, each study group will visit all three ecosystems.



## Evening Programs:

The teacher is in charge of all the evening programs. Possibilities include:

- Campfires--There are two campfire rings at WCEC. Wood and matches are provided and a ranger may be available to help set up the campfire.
- Night hike—either design your own or follow the clues to each of the eight night hike stations already posted throughout Wolf Creek.
- Skits and Songs—Many teachers encourage the cabin groups to present skits and songs. WCEC has many resources for you to use, such as costumes, instruments, songbooks, and skit ideas.
- Hire a local storyteller
- **Please remember: No food may be prepared or consumed outside of the lodge (this includes marshmallows and s'mores).**



## Story Time and Lights Out:



At 9:00 P.M., students will return to their cabins and prepare for bed. Reading to the students is an excellent way to get them settled down. We have many storybooks you may borrow.

Some students have a hard time sleeping in a strange place. Do not tell scary stories...just being away from home can be a little scary for some children. We also discourage giving children a sweet snack and drinks before bed. It inevitably leads to many trips to the bathroom. Everybody needs a good night's sleep.

## Concluding Activities:

On the morning of the third day, the rangers will lead students through a series of activities to review what they have learned and reinforce the overall message of stewardship. (Parents are **not** needed as Ranger's Aides during these activities). Students will complete a postcard that reflects on their personal growth and summarizes what they learned in the different habitats. The postcards will then be collected and sent to the class at a later date. Students will also create a graduation souvenir as a reminder of their experience.

During the students' concluding activities, adults should focus on packing up and cleaning the lodge, bathrooms, and cabins.

Just before the bus arrives, the rangers will lead a brief award ceremony. All students and all adults should be present for this event.

# TIMELINE CHECKLIST



## A year to 6 months before your trip:

- ☐ WCEC registration begins on **May 1<sup>st</sup>** for the following school year. Call (707) 465-7702 to reserve your dates. First call, first serve.
- ☐ Read this Facility Guide carefully.
- ☐ Visit the park website at [www.nps.gov/redw](http://www.nps.gov/redw)



## 6 months before your trip:

- ☐ Make transportation arrangements (see *Directions to WCEC*, page 24). Try to find a trailer or a couple of large pickup trucks for gear and food.
- ☐ Plan your budget and funding (i.e. fund raisers, grants).
- ☐ Send flyers to parents requesting volunteer cabin leaders and cooks.

## 6 weeks before your trip:

- ☐ Conduct a meeting with your adult chaperones. Discuss logistics, responsibilities, and expectations (see *What All Adults Need To Know*, page 18).
- ☐ If needed, arrange for a tour of WCEC with the Education Specialist. Call (707) 488-2064.
- ☐ Familiarize yourself with the *WCEC Schedule* on page 7.
- ☐ Organize your class into cabin and study groups. (see pages 14-16).
- ☐ Use the *Cabin Leader Responsibilities* form (page 20) to schedule cleaning and recreation times.
- ☐ Hand out permission slips, medical forms, and packing lists to your students.
- ☐ Create a menu (*Planning a Menu*, page 12).

## 1 week before your trip:

- ☐ Do a pre-visit activity with your students to introduce key vocabulary words and concepts (see the *WCEC Pre-visit Activities* under the WCEC web link)
- ☐ Review the packing list with your students. Please ensure that your students have adequate (30 degree rating or better) sleeping bags and clothing.
- ☐ Prepare nametags to attach to students' gear (for easy sorting on site when you arrive, use color-coded tags or strings that represent each cabin).
- ☐ If your group is not traveling on a school bus, please consolidate your gear to a minimal number of vehicles. This helps in the unloading process.
- ☐ Consolidate food into one or two vehicles.
- ☐ Gather all paperwork you'll need for WCEC.
- ☐ Read the *Day of Arrival* on page 23.
- ☐ The Lead Ranger will contact you around this time to answer your questions and confirm logistical details.



# PROPER PLANNING: WCEC LOGISTICS

## Planning Your Cabin Groups (forms on pages 14-15):



There are five cabins at WCEC, each of which contains eight bunks (sixteen beds) with thin foam pads. Divide your students and adults into cabin groups: two adult cabin leaders and 6-14 students per cabin. No single student may stay with an individual adult. If you have an abundance of parental support, you may designate one cabin just for adults who are not cabin leaders.

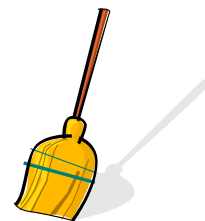
- Encourage parents to bring thick sleeping pads to sleep on. Please inform them that sleeping in the lodge is not permitted due to health codes.
- For a pre-visit activity relevant to students' cabin groups, check out the *Cabin Animal Fact Sheets* under the WCEC *Pre-visit Activities* web link.

## Planning Your Study Groups (form on page 16):

Divide your group of 45 or fewer students into three study groups of no more than 15 students per group. Study groups should consist of both boys and girls. Most teachers choose not to place best friends or obvious *cliques* in the same study groups. **Please assign no more than two parents per study group.** If you have an abundance of parental support, they may be rotated in and out of the different study groups, help in the kitchen, and supervise the students during free time activities.

## Planning Chores (form on page 17):

Before arriving, teachers should create a chore schedule and assign their students (in groups) various chores. Cabin leaders should coordinate and supervise student chores.



## Planning for Cabin Leaders and Cooks:

Conduct a meeting with your cabin leaders and cooks. Discuss logistics, responsibilities, and expectations. Please read and discuss "[What All Adults Need To Know](#)" on page 18. If needed, you can arrange a tour of WCEC with the Lead Ranger: (707) 488-2064.

## Planning to Pack (forms on pages 21-22):

To ensure a positive experience in the outdoors, please make sure that your group is properly prepared. Use these packing lists so that both students and adults are prepared.

## Planning Recreation:



Students at WCEC work hard during their field studies and they like to play even harder when they return. Teachers and cabin leaders are responsible for leading recreational activities at the end of the day. WCEC offers a cabinet full of games, puppets, art supplies, DVDs, dress-up boxes, and various outdoor play equipment. Teachers are welcome to bring additional equipment.

# PLANNING A MENU



## Cooking Facilities:

The commercial-grade kitchen at WCEC is equipped with large refrigerators, a large eight-burner gas stove with two ovens, a microwave, a coffee maker, a food prep area, sinks, and an automatic dishwasher. You will find plenty of cups, plates, bowls, silverware, pots, pans, and utensils on site. There is an outdoor gas BBQ that will grill up to 30 burgers at a time. Gas is provided.

**\*\*\*\*\*WCEC does not allow single-use plates, cups, plasticware, etc.\*\*\*\*\***

## Planning Meals:

All food must be consumed inside the Wolf Creek Lodge—eating outside is not allowed. Teachers may decide to plan the menu and purchase food themselves, or they may wish to delegate this important duty to a parent. Assign one or two people to be in charge of cooking. Meals should be easy to prepare, nutritious, and enjoyable. Please try not to count the cook as one of your cabin leaders.

Remember to ask your students about any special dietary restrictions they may have before planning your menu. If a child has food restrictions, ask the parent to prepare, package, and label his or her food in advance (it can be reheated in the microwave) so special meals don't have to be prepared from scratch.

## Keep Waste to a Minimum:



Redwood National and State Parks' education programs emphasize resource conservation. To reinforce this message, please keep food packaging (even recyclables) to an absolute minimum and create as little garbage as possible. If the trash does not fit into the bear-proof trashcans when your group is ready to leave, you will need to make arrangements to take it with you.

Buy in bulk. You may also get food from your school cafeteria. Bakeries and markets are often willing to donate food. Call us to see what condiments the previous group left behind.

## Advice from Experts:

We wanted to come up with a nutritious, delicious, and cost-effective alternative to pre-packaged foods, so we got advice from some experienced WCEC teachers and a professional chef. See our sample menu on the next page. Please try to provide a good source of protein for each meal. We have found through our extensive observation that kids provided protein, especially for breakfast have less meltdowns and better attention span when they have protein and limited sugar.

### Most Kids Like:

- Pizza or "good" hotdogs, grilled burgers
- Deli-sliced turkey, ham, and chicken
- American and cheddar cheese
- Mild chili with meat and beans
- Spaghetti with meat sauce
- Carrot sticks with ranch dressing
- Burritos or tacos
- Apples, oranges, grapes, fruit salad
- Good trail mix
- Celery and creamy peanut butter

# SAMPLE MENU

	Day One	Day Two	Day Three
<b>Breakfast</b>		Egg, potato and cheese casserole. Fruit, and healthy muffins.	Pancakes. Sausages and fruit. Orange or apple juice (in gallons, not boxes).
<b>Lunch</b>	Bag lunch from home or school cafeteria.  Eat on the road or at the national park's Kuchel Visitor Center south of Orick.	Build your own sandwich (bread, lunch meat, cheese slices, mayo, mustard, lettuce)  Chips, veggies, ranch dressing, and orange or apple juice	Bag lunch (made immediately after breakfast) to eat on the road.  Sandwiches: Peanut butter & jelly, Ham/turkey & cheese Chips Fruit or granola bar Water or juice
<b>Afternoon Snack</b>	<b>During field study</b> (needs to be non-crumbly): String cheese and several apple slices per student	<b>During field study</b> (needs to be non-crumbly) (Can be same as previous day) Bananas, and string cheese, or a healthy homemade creation.	
<b>Dinner</b>	Take and bake pizza. Salad with Italian or ranch dressing. Fruit juice. Dessert.	Burritos (beans, meat, cheese, salsa, sour cream). Salad. Dessert.	

## Other Kid Favorites

### Breakfast

Scrambled eggs  
 Breakfast burritos  
 Hash browns  
 Pigs-in-a-blanket  
 Fruit salad

### Lunch

Grilled cheese  
 Pizza  
 Hot dogs  
 Chili dogs

### Dinner

Hamburgers  
 Veggie burgers  
 Spaghetti with garlic bread  
 Chili  
 Burritos or Tacos



# CABIN GROUP LISTS

**Teachers:** There are five cabins at WCEC. Each has eight bunks (16 beds). Please ensure that each cabin has at least two (2) adults assigned to it. (Do not include the cooks as cabin leaders). Please give a copy of this list to each cabin leader.



## **Cabin # 1: Marbled Murrelet**

Cabin Leaders: \_\_\_\_\_ & \_\_\_\_\_

Students:




## **Cabin # 2: Wapiti**

Cabin Leaders: \_\_\_\_\_ & \_\_\_\_\_

Students:




## **Cabin # 3: Sea Lion**

Cabin Leaders: \_\_\_\_\_ & \_\_\_\_\_

Students:


**Cabin # 4: Peregrine**

Cabin Leaders: \_\_\_\_\_ & \_\_\_\_\_

Students:




**Cabin # 5: Coho**

Cabin Leaders: \_\_\_\_\_ & \_\_\_\_\_

Students:




**The Cook(s):**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# FIELD STUDY GROUP LISTS

Divide your students into three field study groups with **two (2)** parent chaperones per group. Give this list to the Lead Ranger when you arrive. S/he will fill in the Ranger/Order information and make copies for your group leaders.

## Group # 1

Chaperones: \_\_\_\_\_ & \_\_\_\_\_


Ranger: \_\_\_\_\_ Order of Field Studies: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

## Group # 2

Chaperones: \_\_\_\_\_ & \_\_\_\_\_


Ranger: \_\_\_\_\_ Order of Field Studies: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

## Group # 3

Chaperones: \_\_\_\_\_ & \_\_\_\_\_


Ranger: \_\_\_\_\_ Order of Field Studies: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

# STUDENT CHORES

## Foodies:

- Help set up and clean up after each meal.
- Set the tables. We suggest serving food “family style”.
- Wipe down tables and counters with bleach water.
- Sweep dining area.



## Woodchucks:

- Pick up trash on playing field and around buildings.
- Put recreation toys back in boxes underneath porch.
- Clean up Discovery Zone (put puppets and costumes in the trunks).
- Assist adult with campfire preparation (in the afternoon or evening).

## Roustabouts:

- Wipe down bathroom sinks and counters.
- Sweep floors and make sure toilets are flushed.

## Everyone, Everyday!

- Turn off lights, close windows and doors, and pick up any trash that you see.
- Sweep the cabin floor (even under the bunks) and porch.
- Notify ranger or custodian of any issues.
- On the last morning, make sure all belongings are out of the cabin and bathrooms.

Cabin Name	Day 1	Day 2	Day 3

# WHAT ALL ADULTS NEED TO KNOW

## The Biggies:

- In an **emergency**, call the park dispatch (NorCom) at **1 (916) 358-1300**.
- The rules at WCEC exist to promote a safe environment. We expect adults to embrace and enforce these rules. Please lead by example.
- Report any strangers you see in the area to a park ranger.
- There is no cell phone coverage at WCEC. You may use the visitor phone inside the lodge; however, you will need to bring a calling card. All calls made from Wolf Creek are long-distance.



## Food and Smelly Stuff:



- Eat only inside the lodge to discourage wildlife from getting human food.
- Adults may have coffee on the porch. Students should not drink sweet liquids outside.
- Toiletries may smell like food to bears. Please store them in the bathroom.

## Wildlife:

- Keep cabin and lodge doors closed. Open windows only as needed.
- Stay at least 50 yards away from elk and other wildlife.
- If you see a bear, elk, or mountain lion....get together as a group, back away slowly, and report your encounter to a ranger.



## Pets:

- Pets are NOT allowed at the Wolf Creek Education Center, *except trained service animals*.

## Substance Use:



- WCEC is governed by federal and state laws. Our policies regarding drug use, smoking, and alcohol are aligned with those of your school district during a school event. Smoking is allowed **only** in the **upper** parking lot.

## Language and Mutual Respect:

- Students and adults should treat one another with kindness and mutual respect. Abusive language, inappropriate gestures, threats, or hurtful physical contact will be grounds for dismissal or prosecution.
- Some students are easily frightened; we do not allow scary stories at any time. Please respect our goal to create a positive outdoor experience for your students.



## When Students Need to Go Home:

- Children needing to go home mid-session for any reason are to be released only to the child's parent, legal guardian, or school principal. If it is necessary for another adult to transport a child, signed permission of the parent or guardian must be obtained in advance. Children are to be released only in the presence of the classroom teacher.

## Supervision:

- The classroom teacher has overall responsibility for the supervision, discipline, and welfare of students. Students must be supervised by teacher-approved adults at all times. At least two cabin leaders should be assigned to each cabin.
- No adult should ever be alone with an individual child (for everyone's protection). For trips to the bathroom at night, students should go in pairs accompanied by an adult, leaving one adult with the cabin.
- During field studies, the rangers share the responsibility for discipline with the teacher and chaperones. While the ranger is leading an activity, the cabin leaders or teacher may step in to quell any inappropriate behavior that the instructor does not notice. The rangers will bring any chronic discipline problems to the attention of the Lead Ranger at the end of each field study. The Lead Ranger will confer with the teacher about the action to be taken.



**Teachers--please let the Lead Ranger know in advance of any students with special needs regarding physical challenges, attitudes, behaviors, and/or medications.**

## Discipline Standards:

Wolf Creek uses the "*three strikes and you're out*" policy.

- 1st Incident
  - Student is given a verbal warning
- 2nd Incident
  - Student is given a second verbal warning
- 3rd Incident
  - Student is asked to leave the activity and is escorted by an adult to the lodge where the student, teacher, and Lead Ranger will discuss the incident and its consequences. Ultimately, teachers should have transportation and permission slips ready so that students can be sent home if necessary.



## Grievous or Criminal Behavior:

Behavior that endangers one's self or the safety of others or involves the malicious destruction of wildlife, facilities, park property or fellow students' property, may result in the immediate dismissal of the responsible student(s) and/or prosecution.



# CABIN LEADER RESPONSIBILITIES

Name of Cabin: \_\_\_\_\_

Leader's Name: \_\_\_\_\_

**In an emergency, call NorCom at (916) 358-1300.**

**Names of students in my cabin:**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**My cabin group's daily duties (Foodies, Woodchucks, Roustabouts):**

Day 1: \_\_\_\_\_

Day 2: \_\_\_\_\_

Day 3: \_\_\_\_\_



**Names of students in my field study group:**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Recreation Duty:**

My recreation duty on Day 1 is: \_\_\_\_\_

My recreation duty on Day 2 is: \_\_\_\_\_

# ADULT PACKING LIST

## Bedding:

- ☐ Warm sleeping bag (cabins are not heated)
- ☐ Pillow and pillow case
- ☐ Air/foam mattress (thicker is better!)

## Clothing:

- ☐ Shirts
- ☐ Pants
- ☐ Warm jacket
- ☐ Sweater
- ☐ Socks
- ☐ Underwear
- ☐ Pajamas
- ☐ Waterproof raincoat (with hood)
- ☐ Waterproof boots
- ☐ Shoes
- ☐ Gloves

## Toilet Kit:

- ☐ Towel or washcloth
- ☐ Soap and container
- ☐ Comb/brush
- ☐ Toothbrush, toothpaste, floss
- ☐ Sunscreen
- ☐ Shampoo

## General:

- ☐ Flashlight
- ☐ Day pack
- ☐ Reusable water bottle
- ☐ A sense of humor

## Optional Items:

- ☐ Materials for campfire programs
- ☐ Camera and batteries
- ☐ Binoculars
- ☐ Activity books

## Additional Items:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Do Not Bring:

- Other children
- Drugs/alcohol
- Pets
- Weapons
- Single use products (cups, plates, utensils, etc.)
- More than one plastic water bottle per individual
- Electronic games

## Additional Items for Teachers:

### Medical Supply Box:

- ☐ Student meds & instructions
- ☐ Medical Authorization Forms

### Paperwork for Wolf Creek:

- ☐ Field Study Group Form (ranger will fill in the blanks and make copies for group leaders)

### Have Accessible:

- ☐ Boys' toiletries box
- ☐ Girls' toiletries box

### Kitchen Supplies and Equipment:

- ☐ Food
- ☐ Storage containers for leftovers
- ☐ Tin foil, plastic wrap, bags, etc.
- ☐ Assigned cook(s)

### Other:

- ☐ \_\_\_\_\_

# STUDENT PACKING LIST

The weather is always unpredictable at Wolf Creek. You should plan to wear several layers of clothes when you are outdoors. You might get wet in the rain and need to change clothes when you return to your cabin. The cabins at Wolf Creek are not heated. It is a good idea to label everything you bring with your name.

## **Bedding:**

- ☐ Warm sleeping bag and blanket
- ☐ Pillow and pillow case
- ☐ Air/Foam mattress (thicker is better)

## **Clothing:**

- ☐ Underwear and long underwear
- ☐ 2-3 Pairs of long pants (NO shorts)
- ☐ 2-3 Shirts
- ☐ Warm jacket
- ☐ Fleece or sweatshirt
- ☐ Rain jacket (with hood)
- ☐ 3-4 Pairs of socks
- ☐ Warm hat and gloves
- ☐ Hiking boots and/or good walking shoes (not sandals or flip-flops)

## **Toiletries in Ziploc bag (labeled with your name):**

- ☐ Toothbrush & toothpaste
- ☐ Hairbrush or comb
- ☐ Washcloth
- ☐ Bug spray
- ☐ Medicines (give to your teacher)

## **Other:**

- ☐ Flashlight
- ☐ Small backpack
- ☐ Re-fillable water bottle
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## **Optional:**

- ☐ Camera and batteries
- ☐ Tissues
- ☐ Binoculars
- ☐ Rain boots

## **Please Do Not Bring:**

- Cell phones
- Weapons
- Matches/lighter
- Pets
- Ipods/electronic games
- Candy/soda
- Sandals
- Hair dryers/curling irons
- Younger brothers or sisters



# THE DAY OF ARRIVAL: FINAL CHECKLIST

For a smooth landing at Wolf Creek Education Center, please review the following:

## Gear:

- ☐ Confirm that each student has a warm sleeping bag and warm clothes.
- ☐ Consolidate gear into as few vehicles as possible.
- ☐ Label luggage and sleeping bags with each student's name and cabin.



## Food:



- ☐ Consolidate food into a couple of vehicles. Those vehicles should plan to arrive at the WCEC parking area at 11:45 A.M. (please, not any earlier).
- ☐ Collect lunches and keep them accessible for your picnic. Students should **not** have food in their backpacks when they arrive at WCEC.

## Stinky Stuff:

- ☐ Have each student pack their toiletries in a Ziploc bag with their name on it.
- ☐ Collect the toiletry bags in two separate boxes (boys and girls). Then as you unload, the toiletry boxes can go directly to the bathrooms.



## Dressed and Ready:



- ☐ All students should be wearing long pants, layered tops, closed-toed shoes, and socks upon their arrival at Wolf Creek (there will be no time to change).
- ☐ Students should bring rain gear if they have it (WCEC has extra raincoats).



## Lunches Accessible:

- ☐ Your group must eat **before** your 12:00 noon arrival at WCEC.
- ☐ Please do **not** arrive early at WCEC (as a courtesy to the previous group and the rangers who are preparing for your arrival) unless prior arrangements have been made.
- ☐ Lunch location suggestions:
  - North of Wolf Creek—Prairie Creek Redwoods State Park picnic area (you may be charged a fee)
  - South of Wolf Creek—National Park Service Kuchel Visitor Center and picnic area, 2 miles south of Orick (no fee)



## Paperwork Ready:



- ☐ Driver(s) should have directions to Wolf Creek (page 24) & gate combination.
- ☐ Adults should know their roles-field study aide, kitchen prep, cabin leader, etc.
- ☐ Have the study group list (page 16) for the Lead Ranger.



# WHERE IS WOLF CREEK?

## From the North:

1. Travel south on U.S. 101 from Crescent City, California. Cross over the Klamath River. Approximately four miles south of the Klamath Bridge, exit onto Newton B. Drury Scenic Parkway, and take a right.
2. Travel south on the Newton B. Drury Scenic Parkway approximately eight miles. Pass the Prairie Creek Visitor Center and campground on your right.
3. Drive ¼ mile past Elk Prairie (the large prairie to your right).
4. Turn on the first gravel road on the right. (If you miss the turn, you will come to the U.S. 101 entrance ramp.)

## From the South:

1. Drive north on U.S. 101 from the Eureka/Arcata/McKinleyville area.
2. Continue on U.S. 101 approximately five miles north of the town of Orick, CA.
3. Exit at Newton B. Drury Scenic Parkway/Prairie Creek Redwoods State Park sign. Take a left and continue north, passing under U.S. 101, for about 200 yards.
4. Look for a gravel road on the left and turn onto it. (If you drive past it, you will see a large open prairie).

## From there:

20 yards down the road there is a sign for the Wolf Creek Education Center.

Continue another 100 yards until you arrive at a gate.

(Code is 7\_3\_6\_1\_)

Gate will automatically close behind you.

Drive ahead, cross over the bridge, and travel about one mile to the "T" intersection at the end of the road.

At the "T," turn right and drive 100 yards to the WCEC lodge.

After unloading your vehicle, drive back to the larger parking area and leave your vehicle there.



If you get lost, call WCEC at (707) 488-2064 or the Kuchel Visitor Center at (707) 465-7765.